

Youtube Link – <https://youtu.be/IH llv9MetA>

OOS for 23rd August 2026 - ONLINE

We are one body—the body of Christ



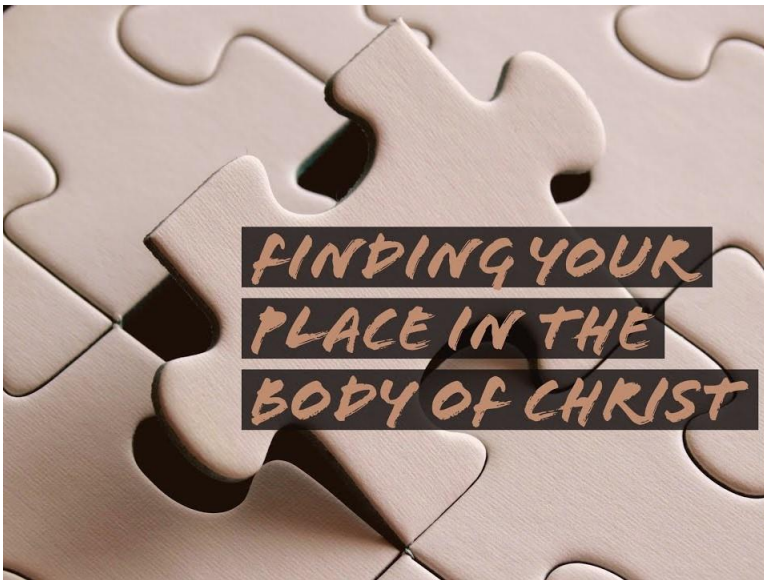
READING - Romans 12:1-8

A Living Sacrifice

12 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

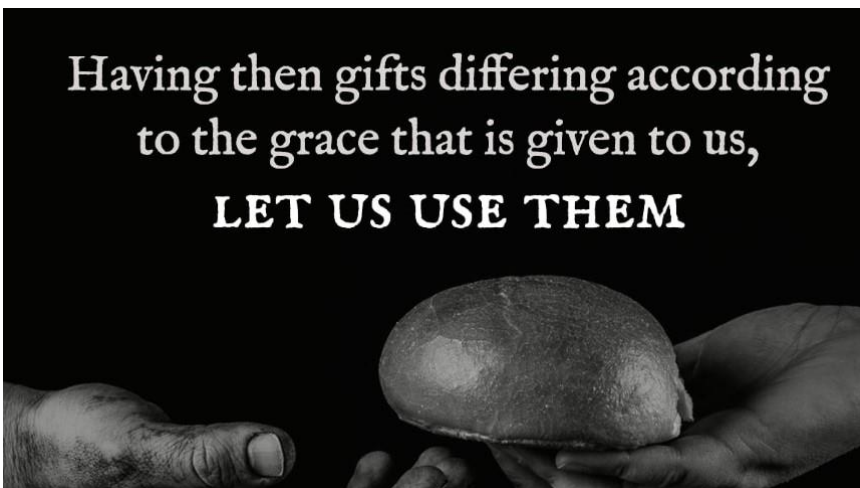
Humble Service in the Body of Christ

³ For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. ⁴ For just as each of us has one body with many members, and these members do not all have the same function, ⁵ so in Christ we, though many, form one body, and each member belongs to all the others. ⁶ We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your^[a] faith; ⁷ if it is serving, then serve; if it is teaching, then teach; ⁸ if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead,^[b] do it diligently; if it is to show mercy, do it cheerfully.



PRAYER

Remind us Lord that we are part of something larger—the body of Christ. Just as the body has many parts with different functions, we recognise that You have uniquely gifted us to serve others. Whatever our individual gifts are please show us exactly how to use them to build up our community. Keep our spirit joyful, patient, and eager to do Your work. Amen



SONG

We've Hands to serve, and feet to go
Eyes to see and love to show
Each little part has work to do
Together we shine as a body so true

*We are the body, working as one
From head to toe, we get things done
Each little part has a role to play
Together we shine in a big, big way*

I am the hands, I help and care

I reach to others everywhere
I lift, I carry, I give and pray
Helping the world in Jesus' way

We are the body, working as one.....

I am the feet, I walk, I run
Bringing Good News to everyone
Step by step, I follow His call
Carrying His message to all

We are the body, working as one.....

I am the heart, I love and beat
Spreading joy to all I meet
Compassion flows from deep inside
With Jesus love as my guide

We are the body, working as one.....

We are the body of Christ, it's true
Together bringing His love to you
Each one of us has a part to play
Sharing His love every single day