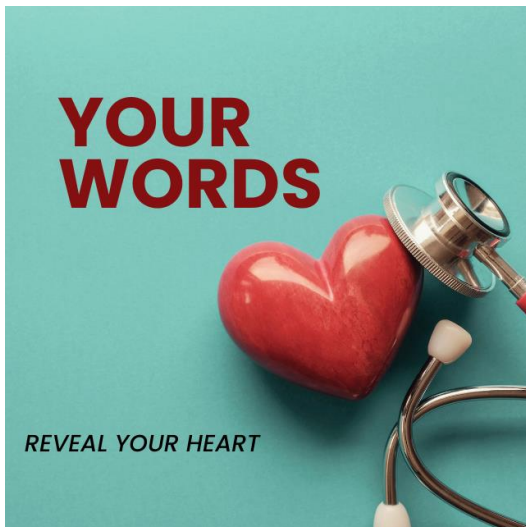


Youtube Link – <https://youtu.be/Cp5kO-ofNAs>

OOS for 16th August 2026 - ONLINE



READING - Matthew 15:10-20

¹⁰ Jesus called the crowd to him and said, “Listen and understand. ¹¹ What goes into someone’s mouth does not defile them, but what comes out of their mouth, that is what defiles them.”

¹² Then the disciples came to him and asked, “Do you know that the Pharisees were offended when they heard this?”

¹³ He replied, “Every plant that my heavenly Father has not planted will be pulled up by the roots. ¹⁴ Leave them; they are blind guides. ^{14a} If the blind lead the blind, both will fall into a pit.”

¹⁵ Peter said, “Explain the parable to us.”

¹⁶ “Are you still so dull?” Jesus asked them. ¹⁷ “Don’t you see that whatever enters the mouth goes into the stomach and then out of the body? ¹⁸ But the things that come out of a person’s mouth come from the heart, and these defile them. ¹⁹ For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander. ²⁰ These are what defile a person; but eating with unwashed hands does not defile them.”

Words out of the Mouth



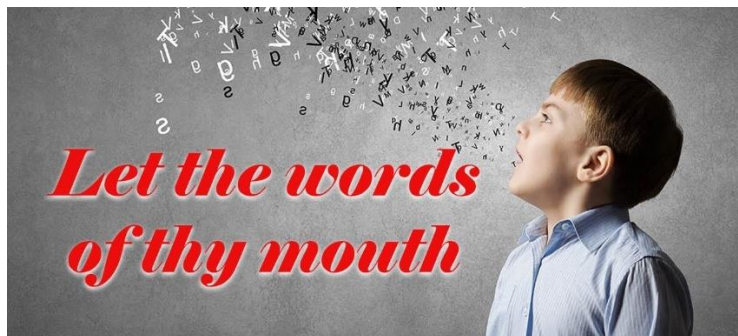
Matthew 15 :18
"But the things
that proceed out
of the mouth
come from the
heart, and those
defile the man.

Start in the Heart



PRAYER

Heavenly Father,
search our hearts, we pray.
Remove anything that is hurtful to others that you find there.
May the words of our mouths
reflect a heart that honours you
in thought, word, and motive.
In Jesus' name
AMEN



SONG

May the words of my mouth and the thoughts of my heart
Bless Your name, bless Your name, Jesus
And the deeds of the day and the truth in my ways
Speak of You, speak of You, Jesus

For this is what I'm glad to do
It's time to live a life of love that pleases You
And I will give my all to You
Surrender everything I have and follow You
I'll follow You

Lord, will You be my vision
Lord, will You be my guide
Be my hope, be my light and the way

And I'll look not for riches, nor praises on earth
Only You'll be the first of my heart

For this is what I'm glad to do
It's time to live a life of love that pleases You
And I will give my all to You
Surrender everything I have and follow You
I'll follow You

I will follow
I will follow You