

Youtube Link – <https://youtu.be/azkHYWcqIDw>

OOS for 19th July 2026 - ONLINE



READING - Psalm 126

- ¹ When the Lord restored the fortunes of Zion,^[a]
we were like those who dream.
- ² Then our mouth was filled with laughter,
and our tongue with shouts of joy;
then it was said among the nations,
'The Lord has done great things for them.'
- ³ The Lord has done great things for us,
and we rejoiced.
- ⁴ Restore our fortunes, O Lord,
like the watercourses in the Negeb.
- ⁵ May those who sow in tears
reap with shouts of joy.
- ⁶ Those who go out weeping,
bearing the seed for sowing,
shall come home with shouts of joy,
carrying their sheaves.



PRAYER

Dear God,
When we are carrying a heavy heart,
and our sorrow feels overwhelming.,
we ask that You come close to us.
Please wipe away our tears, comfort our spirit,
and slowly lift any heaviness from us.
Turn our sadness into gladness
and replace our sorrow with Your peace and joy.
Remind us that we-are never alone.
In Your name, we pray.

AMEN



SONG

Lord we have walked through seasons of weeping
Waiting for dawn in the wilderness night
Deep in our hearts we planted hope like a seed
Believing Your promise would rise
Though the night may be filled with sorrow
Joy will come with the morning light
I still believe what You have spoken
Even dry ground can bloom with life

A quiet sigh, Lord I lift my eyes

You will bring me joy again
Those who sow in tears
Will reap with songs of joy
Holding seeds of faith within our hands
Though the road is hard we still go on
Through every wound we hold to hope
For Your mercy never ends
Those who sow in tears will return with joy again

Lord You brought Your people back from sorrow
And we were like those who dreamed
Our mouths were filled with holy laughter
Our tongues with songs of praise
Once we knelt down in tears and weakness
Now we rise and dance in grace
You give us praise instead of mourning
A crown of beauty in ashes place

Lord You renew my heart again
Lord You make a way in the wilderness
Those who sow in tears, Will reap with songs of joy
Though the storms may rise, We will trust Your name
You wipe away our tears, You breathe new life again
We will return with joyful praise, for Your grace is overflowing

We will not grow weary in doing good
For in due season we will reap
Lord Your faithful love keeps holding us
You make dry ground bloom
Your turn our tears to songs

Oh Lord, I trust in You,, Oh Lord I wait for You
Those who sow in tears, will surely reap with joy
Lord You fill my heart with gladness
You turn my mourning into dancing
Those who sow in tears, will return with joy again
For Your steadfast love endures forever
Tears become a blessing
Dry ground blooms with flowers of grace
Lord I will follow You forever
Till I see You face to face.