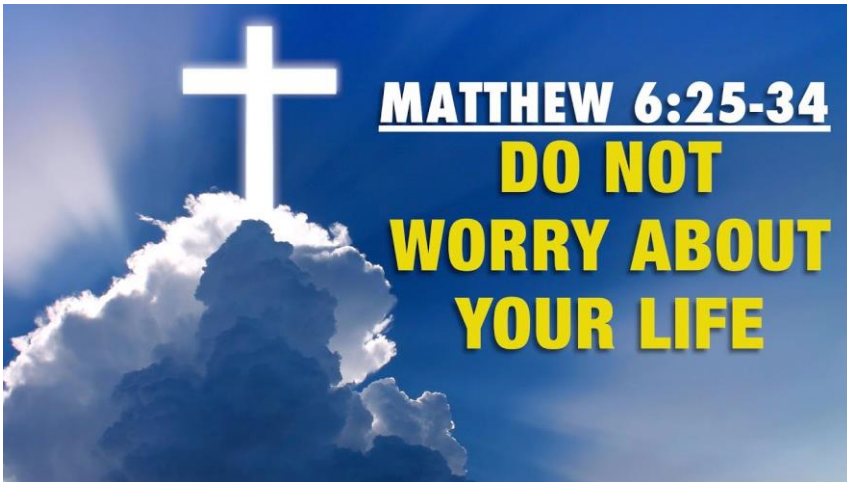


Youtube Link – https://youtu.be/cqzyH_kLuTg

OOS for 8th February 2026 - ONLINE



READING - Matt 6:25-34

Do Not Worry

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life[^e]?”

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendour was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



PRAYER

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord.

Amen



SONG

All creation is a song
Waiting to be sung
All of nature like a prayer
Waiting for a tongue
For who will give it voice
And make its anthem ring
Or rise to lead a choir
Of all created things?
Lord hear your people sing

*Blessing honour glory power
To Creations' King
Songs of earth and songs of heaven
Join as one to bring
Blessing honour glory power
To Creations' King*

All the nations are a song
Waiting to be sung
Every instrument and voice
Created for the One
The Maker of all things
The Majesty above
Who bought us back from death

With such a costly love
What praise could be enough?