

# Harvest appeal



## Help support your food bank this Harvest

Please support local people facing hardship this Harvest!

### Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

### Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

### Shopping list

Hot Chocolate

Tinned Fruit

Tinned Custard

Coffee

Tea Bags

Tinned Tuna

Tinned Ham

Savoury Crackers

Biscuits

Tinned Salmon

[www.clevedondistrict.foodbank.org.uk](http://www.clevedondistrict.foodbank.org.uk)

