

## **What do we do and What can we do?**

These ideas came from the small groups. Several folk echoed Helen`s tips and suggestions, but here are some others to get you thinking. Well done if you already do a number of these!

- Buy free-range chickens ( and eggs) and organic meat.
- Avoid buying bottled water.
- Contact Wessex/Bristol Water for water-saving devices.
- Don`t flush the loo too often.
- Only use washing machines and dishwashers when full.
- Switch off appliances at the socket.
- Consider installing a heat pump and/or solar panels ( plus battery).
- Dry clothes on the washing line. Consider a dehumidifier.
- Batch cook.
- Check the origin of produce and try to eat seasonally.
- Use the Repair Cafe in Clevedon.
- Consider Vinted: [vinted.co.uk](http://vinted.co.uk) and [freecycle.org](http://freecycle.org)
- Take bags with you, especially to the supermarket.
- Share tools and equipment.
- Use charity shops for clothes.
- Use bamboo products ( toilet rolls – rather than paper from trees ) and toothbrushes ( rather than plastic ones )
- Walk more. Use the bus whenever possible.
- Drive economically.
- Old printer cartridges can be recycled at Tesco or the Salvation Army in Old Street on Thursday mornings 10am -12noon.
- Use Better Weigh and Fair Trade products.
- In the garden, remember No Mow May.
- Grow more of your own veg.
- Plant a tree.
- Compost!