



How do we hold on to hope when events in our world seem so terribly hopeless?

We may find different ways of coping.

However, Jesus' resurrection gives us sure and certain hope. Looking back at that first resurrection enables us to look forward with hope.

Hope is not mere optimism – hoping things will get better. It is given to us by God – the God of hope.



The Psalmist says, "I am still in your presence, but you've taken me by the hand."
Psalm 73 v 23

How reassuring to trust in God who knows and holds all things. Because Jesus lives, we know He has sent His Holy Spirit so that God is present with us.

We can pray with hope.

Ask God to give you a sense of hope and then thank Him for the hope you have found in trusting Him.